



B. V. Patel Institute of Management, Uka Tarsadia University



Date: 26th December 2023

Session on Motivation and Role of Teachers – An Afternoon with Mr. Rahul Kapoor

Objectives: To inspire, motivate and transform the teachers of Uka Tarsadia University

Outcomes of Session: After the session, teachers would feel encourage to work, think about how to perform better every time and would fine solitude in themselves

Date:	26 th December 2023
Time:	3:00 PM to 4.30 PM
Venue:	Puspam Tarsadia Hall
Name of the Speaker:	Mr. Rahul Kapoor
No. of Participants:	300+ Faculty (All faculties of BBA)
Coordinator:	Uka Tarsadia University
Category:	Staff Development

On the afternoon of Tuesday, 26th December 2023, the teachers of Uka Tarsadia University had witnessed the session one of the best inspiring speaker Mr. Rahul Kapoor. The session started with introduction of Mr. Rahul Kapoor who is an entrepreneur, mindset coach, inspirational speaker and author. Rahul Kapoor, with his igniting voice started the session with discussion on ask and expect. He urged everyone for creating high performance mindset. He also added that we all must be humble, must starting working for ourselves and find silence and solitude. Mr. Rahul Kapoor had launched one video on his YouTube channel named “Svapar.” He requested everyone to watch it.



He, with his own life example told everyone to forget “me” and enter into “we” that is create eco system than ego system. Mr. Rahul Kapoor had beautifully explained everyone the importance of family, work, self and community; how to prioritize and how to manage it.

He urged everyone to meditate, exercise daily and keeping a habit of eating nutritious food. Mr. Rahul Kapoor has made everyone close their eyes and make them imagine about their parents, children and a beautiful world; which made the atmosphere of the auditorium very emotional. Then he urged everyone to shake hands and hug the person who is standing beside. The speaker made everyone laugh, smile and emotional. The inspirational session ended with felicitation of the speaker by the provost Dr. D. R. Shah and Mr. Pramodbhai Patel. All the teachers of Uka Tarsadia University appreciated and felicitated the speaker with the huge round of applaud.

